

Easy to Read Consent Guide



What is consent?

Consent means saying "yes" to something.

It shows that you agree with what is being done.

You should always understand what you are agreeing to.



You must understand before you say yes

Before you give consent, we must:

- Explain what is going to happen
- Use words or pictures that make sense to you
- Give you time to think or ask questions
- You should never feel rushed or forced to say yes.

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You have the right to say:

- “Yes”
- “No”
- “I want more time”
- “I want someone to help me decide”

It’s your choice.

What kinds of things do you give consent for?

You may be asked to give consent for:

- Getting support from us
- Sharing your information with others (like a doctor or family member)
- Letting someone speak on your behalf
- Being part of a photo or video
- Changes to your support plan

We will give you a consent form to sign or agree to.

Can you change your mind?

Yes! You can change your mind at any time. You can say “no” even after saying yes. Just tell us.

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Who can help you?

If you're not sure what to do, you can talk to:

- A family member or friend
- An advocate
- A support worker
- A team leader or manager
- They can explain things or help you decide.



We keep your choices safe

We will:

- Write down what you say yes or no to
- Respect your choice
- Not share your information unless you say it's OK (except in emergencies or if the law says we must)

Need help?

Talk to your support worker, key contact or someone you trust. You can also contact an advocacy organisation for help with understanding or making decisions.